



Welcome to Issue 3

2024 is no more, but with the new year we have 90 many opportunities to make those unforgettable memories.. beginning with February - March!

Happy 2025 families of Nottinghamshire!

We want to begin by thanking each one of you reading this magazine - we wouldn't be here without you, and we REALLY hope these few pieces of paper serve you in some way or another! Secondly, a HUGE thank you to the amazing Cheetham's Click Photography for providing our stunning cover image - she is very gifted and super reasonable in price - before you do anything else, go and check her out!! Christmas isn't always the easiest time, but we hope you've all had chance to enjoy time with loved ones and have a bit of a reset! We've got a corker of an issue again for you beginning with the wonderful Andy in our Let's Talk Dads section on page 5! We're very exited to welcome Gedling Ballet School and The Renewal Trust to our Lots for Tots family for this issue! Inspire Libraries have given us a whopping 4 book reviews on page 10! We have articles from Baby Prints Nottingham page 12, TinyTalk page 14 and Mini First Aid page 16! Make sure you catch our competition with Everyone Active (and get your entried in) on page bla. And of course, make the most of all of our usual stuff - Lots on Local - a summary of family friendly local events & Lot's on Weekly - a compilation of weekly classes on your doorstep!



Front Cover Courtesy of Cheetham's Click Photography. Based in Daybrook, Arnold. www.cheethamsclick.mypixieset.com @cheethamsclickphotography



Website

You can find all of our advertisers and event information online at www.lotsfortots.co.uk

Lots for Tots
Nottinghamshire

Laura Jonas





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Lots of news...

★ Footprints ★



🖈 That's the Puddle Ducks difference! 🛊

Getting babies and children to be comfortable and confident under water is a key part of their swimming journey.

We have worked with Birthlight/STA on the best way to submerge children so that they never feel forced and the answer is simple; the child decides.

This innovative child-led approach leads to faster results with elective submersions and independent swimming because we want every child to love and respect the water and learn to swim beautifully.

Activities can be individually tailored to your child to get the most out of every lesson and allows you to join anytime from 0-4 years. Quite simply our lessons are as unique as your little one!





www.babysparks.co.uk/mansfield

O f

Let's Talk Dads

Hi everyone Andy here again, husband to Nikki and father of two wonderful girls, Florence who is almost 6 and Harriet who has recently turned 3.

I hope you all had a wonderful Christmas and New Year. We had a wonderful time but oh my, what a rollercoaster it was. We've had some real highs and some serious lows, isn't this always the case when parenting young people?!

My Christmas break started earlier than expected this year when our girls were struck down by one of the many bugs. It was a nasty one and wiped them both out at different times. It started with Florence getting a temperature and being off school for 4 days, for which thankfully we were able to get childcare and manage between myself and Nikki. When it came to Harriet getting ill (Murphy's law says this started just as Florence was beginning to get better) we had a choice to make as to which one of us would take time off work to look after her. I managed to take the time and work flexibility whilst Nikki was out and she picked it up around her work commitments. Those decisions never feel easy and always lead to guilt somewhere.

Following those illnesses we took a trip to Alton towers for their Santa sleepover which was excellent and was enjoyable even with the post illness tiredness.



Mini Movers
Soft Play
and
Mini Movers
Outdoor Play
Play sessions
for ages 0 to 4





It was great watching both our girls enjoying the rides and meeting Santa. We stayed in CBeebies Land Hotel which felt magical, and got to see their Jack and the Beanstalk pantomime. Don't get me wrong, the usual challenges also came along with us, but personally, things feel different when you're away.

Christmas, when you see the magic through their believing eyes, is a wonderful time to be a parent in my opinion. Having said that, the juggle of normal life and shopping, wrapping, events, catching up with family and friends, and elf duties does make it more stressful than most other times of the year.

Christmas day itself, and the ones that followed, were a whirlwind of present unwrapping and sudden, extreme changes in emotions. Naturally those presents so often mentioned were quickly forgotten in favour of ones never asked for, but that's the nature of the parenting game I think! The lounge is still a sea of new and old toys, and when we go out to any shops we are still asked for every single toy under the sun, but we wouldn't have it any other way (mostly). I love the Christmas break, days in, pyjama days, films and chocolate. But getting the tree down

films and chocolate. But getting the tree down and normality being reinstated is wonderful by the end. We are very much looking forward to the spring months. We've more events coming up including Florence's 6th birthday, soft play party as well as the Lots for Tots Awards night, which with no children being allowed, it's a welcome break from parenting we all need once in a while.

Whatever your spring months involve, I hope they're great. See you soon!

Andy



Sunday 2nd Feb - 12.00pm - 3.00pm

Chinese Arts and Crafts for Families

Lakeside Arts, University Park, Nottingham Welcome the Year of the Snake with arts and crafts

that the whole family can enjoy for free. A fabulous opportunity to try out different Chinese arts and crafts including paper cutting, Chinese knot making, calligraphy and more. Suitable for Families.

★ Sunday 2nd Feb - 4.00pm & 6.00pm

Nottingham Lunar New Year Gala

Lakeside Arts, University Park, Nottingham

Join Lakeside Arts to welcome the Year of the Snake! The show will weave together a dazzling combination of the contemporary and traditional, with performances including enchanting Chinese Guzheng and Pipa music, edge-of-your-seat group Kung Fu routines and a spectacular lion dance. Embrace the spirit of renewal, wisdom and prosperity that the Year of the Snake brings – the perfect way to begin the year.

Featuring the Confucius Institute for Traditional Chinese Medicine at London South Bank University Art Troupe. Suitable for all.

★ Tuesday 4th Feb - Thursday 6th Feb Strictly Come Dancing Live Arena Tour

Motorpoint Arena, Nottingham

Dust off your sequins, lace up those dance shoes, and get ready for an unforgettable evening of glitz, glamour, and spectacular entertainment! The Strictly Come Dancing Live Tour is back and promises to be bigger, bolder, and more dazzling than ever. Coming to the Motorpoint Arena, this is your perfect chance to shake off the winter blues and immerse yourself in a sensational world of dance, live music, and nonstop fun for the whole family. Don't wait—secure your tickets today and be part of the Strictly magic.

★ Wednesday 5th Feb - Saturday 15th Feb Joseph and the Amazing Technicolour Dreamcoat

Theatre Royal, Nottingham

Starring X-Factor winner Joe McElderry as the roof-raising Pharaoh, Christina Bianco as Narrator and Adam Filipe as Joseph the smash-hit London Palladium production of Tim Rice and Andrew Lloyd Webber's Joseph and the Amazing Technicolor Dreamcoat returns to Nottingham in February. The multi award-winning show has been performed hundreds of thousands of times including multiple runs in the West End and on Broadway, international tours in over 80 countries worldwide and has become one of the world's most beloved family musicals. Featuring much loved pop and musical theatre classics, including Any Dream Will Do, Close Every Door, There's One More Angel In Heaven and Go, Go, Go Joseph. Further casting includes Hugh Cotton as Reuben and Will Haswell as Simeon. Book your dream ticket today! Recommended age 4+.

★ Wednesday 12th Feb - Tuesday 25th Feb Snow Drop Walks

Belvoir Castle, Grantham

Visit the gardens of Belvoir Castle and bring the kids for a stunning winter walk among the snowdrops, and create a magical experience for the whole family watching the drops blossom! Perfect for the budding nature lovers!

Visit belvoircastle.com/castle-opening-times for their full opening times.

Tuesday 18th Feb - 2.00pm

Comedy Club 4 Kids

Mansfield Palace Theatre

Since 2005, the Comedy Club 4 Kids has been getting the best stand-ups and sketch acts from the international circuit to do their thing for an audience of children (aged 6+) and their families... but without the rude bits! A decade later, the company has expanded from one London residency to being countrywide. it's just like a normal comedy club, but it's on in the day, kids are allowed in, and thus there is a higher than usual chance of heckles like "why is that your face!?"

★ Wednesday 19th Feb - 7.30pm

Cirque Enchantment

Royal Concert Hall, Nottingham

This magical production features superb choreography, breath taking live vocals and mesmerising circus performers. With an eclectic and iconic musical soundtrack including Wings, Mad World, Sweet Dreams, The Show Must Go On, Relight My Fire, I'll Put A Spell On You and many more. Cirque Enchantment see's a little girl with a big imagination enter a frozen circus wonderland and a mysterious path of good versus evil. Meeting an array of weird, wonderful and talented characters along the way. This stunning family show that will offer a much needed escape from reality this Winter. Cirque Enchantment is a dynamic fairytale for all the family. This show is suitable for all ages.

🛊 Friday 21st Feb - 6.30pm

Encanto Live in Concert

Motorpoint Arena, Nottingham

Walt Disney Animation Studios' Academy Award®winning film comes to life in the Nottingham Motorpoint Arena for the first time, featuring the entire feature-length film with a full 80 piece orchestra performing the score.

Walt Disney Animation Studios' Encanto, tells the tale of the Madrigals, an extraordinary family living in a magical house in the mountains of Colombia. But when Mirabel, the only ordinary Madrigal, discovers the magic surrounding their home is in danger, she may be her family's last hope.

This event is produced in association with the UK's ultimate family festival organisers, Gloworm and performed by The Limelight Orchestra.



Saturday 22nd Feb - 11.00am & 2.00pm Minny Stynker

Nottingham Playhouse

What would you do if you moved to a strange new city? All your friends are far away, your new house smells weird, and it rains all the time?! Join Soap Soup Theatre on their most riotous, colourful adventure of all – where a bedroom becomes a forest and a school turns into a solar system! Devised by one of Bristol's leading theatre makers for family audiences, and based on a brand new book by Tomasin Cuthbert. Soap Soup Theatre combines high quality children's theatre with the magic of projection mapping. An unmissable theatre experience for the whole family.

X Saturday 22nd Feb - 12.00pm & 3.30pm Fireman Sam - The Great Camping Adventure

Newark Palace Theatre

Norman wants to go on an adventure to impress his friends, so when two famous animal explorers arrive in Pontypandy, he decides to follow them into the mountains. But when Norman discovers a rare red squirrel, one of the explorers decides to take the glory for themselves, leaving Norman stranded in a cave. Now it's up to Fireman Sam to save the day and ensure everyone is safe on their camping adventure!

🕇 Saturday 22nd Feb & Sunday 23rd Feb -11.00am & 2.00pm

Practically Perfect Pictures: The Museum of Marvellous Things

Lakeside Arts, University Park, Nottingham Come on in – let the magic begin! Meet sensible, serious Norbert Norris and wild, wonderful Tilly T. Pott, as they give you a sneak peek inside their amazing museum. With giant puppets, magical effects, interactive storytelling, live original music and a chance to make your own special puppet, this is a fun-filled family show based on the picture book by Kristina Stephenson (creator of Sir Charlie Stinky Socks). Suitable for ages 3-8.

🗙 Sunday 23rd Feb - 12.00pm - 1.30pm Museum of Smelly Delights

Lakeside Arts, University Park, Nottingham Welcome to our museum of smells where you can create experiments with slime, sock bubbles, bath bombs and spicy Play-Doh. Suitable for ages 3-8.

🗙 Sunday 2nd Mar - 11.00am & 2.00pm Long Nose Puppets - Shoe Baby

Lakeside Arts, University Park, Nottingham Join a fantastical sing-a-long adventure with a baby who takes to the sea, the air, the zoo all in a shoe! Á magical pupper show, Shoe Baby is a former winner of the Brighton Festival's Best Children's Show Award. Adapted from the book by Joyce and Polly Dunbar published by Walker Books, with music by Tom Gray of award-winning band Gomez. Suitable for ages 2-6.

E: nottingham@lotsfortots.co.uk

Wednesday 5th Mar -

Sunday 9th Mar

Nottinghamshire Gang Show

Theatre Roval, Nottingham

Nottingham Scout and Girlguiding 75th Anniversary Gang Show - Join us for an unforgettable evening of entertainment. Experience the magic of theatre with this family friendly production. Brought to life by over 200 talented young performers and volunteers from the Nottinghamshire Scout and Girlquiding community.

This vibrant show celebrates 75 years of this iconic production. Promising to captivate audiences of all ages with its dazzling performances, lively music, and hilarious sketches, there's something for everyone. Don't miss out on this fantastic opportunity to support our local young people and enjoy a night of pure entertainment. Recommended age 3+

🖈 Sunday 9th Mar - 9.00am

Run for all - Nottingham 10k

Old Market Square, Nottingham

Join the Nottingham 10K! Jane Tomlinson's Run for All is back for one of the country's most beloved and anticipated charity runs! Whether you're here to set a personal record, take on a new challenge or raise money for causes close to your heart, join thousands of runners like yourself of all abilities in supporting local and national charities, including: Notts County Foundation, Trent Bridge Community Trust and the Jane Tomlinson Appeal. BOOKING ESSENTIAL

 To enter: visit http://www.runforall.com/10k/ nottingham. Email - info@runforall.com

🖈 Monday 17th Mar - Saturday 22nd Mar

Magical Missions! In association with Nottingham Playhouse

Inspire Libraries

Step into the legendary world of the Magical Major Oak as spring arrives in the forest and join Marian in a playful practical workshop. Children will love this unique chance to physically explore stories, characters and landscapes led by the theatre making team from Nottingham Playhouse. These workshop sessions will unleash your child's imagination and stimulate the senses by using music, movement, puppetry, crafting, and sensory play.nottingham. For 2-4 year olds and their grown-ups. £2 per session.

- Mansfield Central Library: Mon 17 Mar 10.30am
- Hucknall Library: Mon 17 Mar 2pm
- Newark Library: Mon 18 Mar 10.30am
- Southwell Library: Tues 18 Mar 2pm Kirkby-in-Ashfield Library: Wed 19 Mar 10.30am
- Sutton-in-Ashfield Library: Wed 19 Mar 2pm Bingham Library: Thur 20 Mar 10.30am West Bridgford Library: Thur 20 Mar 2pm

- Arnold Library: Fri 21 Mar 10.30am Beeston Library: Fri 21 Mar 2pm Retford library: Sat 22 Mar 10.30am
- Worksop Library: Sat 22nd Mar 2pm

★ Saturday 22nd Mar - 11.30am & Sunday 23rd Mar 10.00am

Little Angel - A Tale of the Seasons

Lakeside Arts, University Park, Nottingham Join Persephone and her animal friends as they guide you and your babies through the changes in nature, collecting things on their way... Will you be able to catch a snowflake? Will there be an April shower? Perhaps you can catch the bubbles from the bubbling brook? Can you catch a sunbeam or the wind? Persephone is a gentle sensory exploration of the seasons, perfect for babies and toddlers. (6-18

Thursday 27th Mar - 6.30pm Footprints Celebration Dinner

Alea Casino, Nottingham

Footprints are delighted to announce one of their fundraising events for 2025! An umissable event for a fantastic cause. This night promises to be a fantastic opportunity to celebrate all of Footprint's successes over the last year and to thank everyone who has made them possible.

★ Friday 28th Mar - 4.30pm & Saturday 29th Mar - 11.30am

Ministry of Science Live

Nottingham Playhouse

This year saw Science lead the way in getting our lives back to normal. Now, the UK's favourite science team are back and more explosive than ever! Join our presenters as they dive deep into the world of science and look at how science shapes the modern world we live in with a few loud bangs along the way! They'll take an anarchic approach to science communication whilst looking at the scientists, engineers and inventors who have shaped the modern world that we live in whilst proving that each and everyone of you have the ability to change our world for the better! Expect 20ft LIQUID NITROGEN clouds, FIRE TORNADOS, HYDROGEN bottle rockets and ignited METHANE!100% Educational. 200% Entertaining. 300% Explosive. 400% Fun.

★ Sunday 13th Apr - 2.00pm & 7.00pm Pinocchio

Mansfield Palace Theatre

Join Pinocchio as he sets off on his adventure to Fantasy Island, where he hopes to learn right from wrong and fulfil his dreams of becoming a real boy. Anton Benson Productions return to Mansfield with their hilarious new Easter Pantomime... with no strings attached! Join Pinocchio as he sets off on his adventure to Fantasy Island, where he hopes to learn right from wrong and fulfil his dreams of becoming a real boy. But will he follow his conscience or will the wicked Stromboli have other plans? Star casting to be announced!

★ Tuesday 15th Apr - 2.30pm Top Secret - Magic of Science

Royal Concert Hall, Nottingham

IS IT MAGIC... OR IS IT SCIENCE? Fusing the mystery of magic with wondrous and miraculous feats of science. Hang on to your seats and experience a non-stop action packed interactive magical science show with experiments and magic that will capture the imagination. New for 2025! Join Top Secret as they go on a High Voltage Adventure!!! Top Secret is a fast moving colourful magical science show filled with mystery, suspense, and lots and lots of mess! Top Secret Productions in Association with Svengali Entertainment

★ Wednesday 16th Apr - 2.00pm The Frog Prince

The Majestic Theatre, Retford

Join Worksop Musical Theatre Society on this And they Lived HOPPILY ever after... Kissing a frog has started a whole new kind of adventure for our heroic princess. Join professional pantomime company, Talegate Theater Productions, on a Mardi Gras adventure that is toad-ally wild.

This year's spring panto is guaranteed to be our funniest and most spectacular pantomime ever. Packed with songs, slapstick, silliness audience participation, and all the fairytale magic of traditional pantomime! You'd be hopping mad to miss it!

★ Wednesday 16th Apr - 2.30pm Miss Rachel Tribute Tour UK

Mansfield Palace Theatre

JThe UK's Premier Tribute to Global Phenomenon...
'Ms Rachel'!

The UK's Premier Tribute to Global Phenomenon... 'Ms Rachel'! With over 5 Billion Views and over 8 million subscribers on Youtube, 'Ms Rachel' is the biggest viral sensation to hit our children's screens since 'Baby Shark!' This UK Premier tribute is the only children's tribute of its kind, with little people across the country going crazy for her... Bringing her character to life in a fun, interactive live show with lots of audience participation for the little ones! Miss Rachel UK encapsulates the Youtube Star's bubbly personality, sweet singing voice and educational content. The show includes Interactive Screen Content throughout featuring unique and on brand animation & scenery, plus Puppetry & Voices on screen with Bertie & friends. This is a tribute show production and is in no way affiliated with any original artistes, estates, management companies or similar shows.



★ Thursday 17th Apr - 2.00pm & 6.00pm

The Little Mermaid

Mansfield Palace Theatre

Following the success of "Alice in Wonderland", multi award-nominated Immersion Theatre invite you on a vibrant underwater adventure like no other in their most spectacular and fantastical family musical yet, The Little Mermaid! Packed with dazzling sets, colourful characters, astounding choreography, original music, and heaps of audience participation. This brand-new adaptation sees the adventurous Little Mermaid embark on an unforgettable adventure as the wonders of the sea burst onto the stage in a magical experience that will have audiences of all ages enchanted and enthralled from start to FIN-ish! Guaranteed to make a splash with the whole family, this energetic and shrimp-ly sensational musical extravaganza promises a whale of a time whether you're 4 or 104! Suitable for ages 4+

★ Wednesday 23rd Apr -

Thursday 22nd May

Music Making for Early Years

Arnold Library & Gedling Library

This story of a girl who dreams of a better life and Join our fun family learning course aimed at families with babies and children under the age of 4. This practical course will give ideas about how to support your child with music. Music-making provides an engaging and enjoyable activity for everyone and is led by our friendly and experienced Primary Music Specialist and Jolly Music teacher Arnold Library - Wednesdays - 1.30pm - 2.30pm Gedling Library - Thursdays - 2.00pm - 3.00pm

🛊 From Thursday 1st May -

10.30am - 7.00pm

Highfields Boating Lake

Highfields Park, Nottingham

Looking for a relaxing family outing? Head to Highfields Park for a scenic day by the lake! Enjoy boating with a choice of canoes, rowboats, and KataKanus, with classes available for kids 6 and up. Boat hire is affordable at £5 for adults and £4 for kids under 16. Take a peaceful stroll around the flat, wheelchair- and pram-friendly lakeside path, or let little ones enjoy the play area. Dogs are welcome too!

★ Saturday 3rd May - 2.00pm & 7.00pm Matilda the Musical Jr.

Nottingham Arts Theatre

This story of a girl who dreams of a better life and inspires children to challenge the grown-ups will captivate audiences rooting for the "revolting children." Matilda, with her wit, intelligence, and special powers, is unloved by her cruel parents but impresses her kind schoolteacher, Miss Honey. Despite the mean headmistress, Miss Trunchbull, who loves punishing children, Matilda's courage and cleverness may save the day. Filled with high-energy dance numbers and catchy songs, Matilda The Musical JR. is a joyous celebration of girl power. Both children and adults will be thrilled and delighted by the tale of this extraordinary girl with a vivid imagination.

Roald Dahl's Matilda The Musical JR. is adapted from the full-length musical which was based on the book by Roald Dahl, and features a book by Dennis Kelly and music and lyrics by Tim Minchin.

Thursday 15th May - Sunday 18th May Shrek The Musical

The Acorn Theatre, Worksop

Join Worksop Musical Theatre Society on this whirlwind adventure. It's going to be a 'Shreksperience' that is not to be missed!

"Once upon a time, there was a little ogre named Shrek..." And thus begins the tale of an unlikely hero who finds himself on a life-changing journey alongside a wisecracking Donkey and a feisty princess who resists her rescue. Throw in a short tempered bad guy, a cookie with an attitude, and over a dozen other fairy tale misfits, and you've got the kind of mess that calls for a real hero. Luckily, there's one on hand...and his name is Shrek.

Evening and Matinee performances available.





As we head into spring, here are some books about the outdoors perfect to share with young children. All are available to reserve online and collect from your local Inspire library.

Not a member yet?

It's free to join and borrow books!
Children can reserve books for free
and there are no overdue charges for 0 – 19s.
Find out more inspireculture.org.uk
or contact Ask Inspire on 01623 677 200.



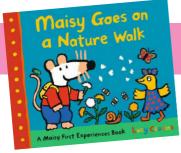
Luna Loves Gardening
By Joseph Coelho and illustrated by Fiona Lumber

The fifth book in the Luna Loves... series sees Luna and her Dad help out at their local community garden. Discovering that every plant tells a story.

Errol's Garden
By Gillian Hibbs

Errol loves growing and planting but doesn't have an outdoor space of his own. A chance discovery, and with some help from his neighbours, Errol makes his dream of a garden come true. (Dual Language versions of this book are also available)





Maisy Goes on a Nature Walk By Lucy Cousins

Maisy and her friends head to their local park for a nature walk, exploring the pond, woods and wildflower garden.

My First Words: Garden By Stella Baggott and illustrated by Lizzie Knott

For babies, this board book is filled with bright illustrations to explore words related to the garden.









Most babies learn best when they see, hear, feel, touch, taste and smell

Sneak a peek, it's all amazing!

Our multi-award winning classes will introduce you and your baby to a world of sensory delights, where you can relax, spend quality time with each other and enjoy meeting new parents.

Classes are now running in West Bridgford, Ruddington and Clifton.

Visit www.babysensory.com/nottingham-



We've done the research, so you can enjoy the fun...







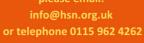
Can you spare 2 hours a week to help a family in your community?

Home-Start volunteers support families with young children aged between 0-8 years old with individual one-to-one home visiting in the families' home.

We support families in Nottingham City, Ashfield, Broxtowe, Gedling and Rushcliffe.

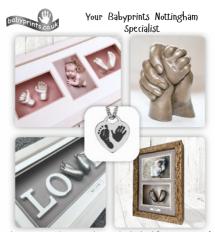
For more information about volunteering and dates of our courses please email:







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Please Contact Jenny: 07983051539







Wraparound Childcare and Holiday Places Survey

Did you know wraparound childcare for primary school children in England is expanding

Have your say and help us to review current wraparound childcare places for primary aged children in your local area.

Do you have a primary aged child/children and currently use or would like to use wraparound childcare?





To access the survey and find out more please visit:



Why choose TinyTalk?

A little window into the success and popularity of TinyTalk across the country

We've all heard it before—someone asks what you'll be "getting up to" on maternity leave, imagining luxurious naps and endless coffee dates, treating it like a holiday. Oh, how wrong they are.

For me, maternity leave was a whirlwind of loneliness, anxiety, and exhaustion. None of my friends had babies, and I was suddenly responsible for this tiny person with no manual. Days blurred together—some spent wondering if I'd even showered, others filled with tears, often around 5 pm thanks to hormonal crashes. My turning point came when I discovered baby classes, and TinyTalk quickly became my favourite.



What made TinyTalk special wasn't just the engaging songs, signing, and sensory activities, though those were wonderful. It was the relaxed atmosphere and community of parents who "got it." Whether I arrived flustered, late or had baby sick on me, I was always met with warmth and belonging.

The classes were magical for both my son and me. We began with simple baby signs like "milk," "more," and "all done," introduced through nursery rhymes and action songs. Watching my baby learn to communicate his needs was an incredible bonding experience.

But the fun didn't stop at singing and signing. Sensory activities like bubbles, scarves, and musical instruments stimulated my baby's senses while giving me time to connect with other parents. And then there was the coffee—a hot cup of coffee! After endless mugs abandoned in the microwave, it felt like pure luxury.



TinyTalk became more than just a class for my son—it was a lifeline for me. Learning to communicate with him deepened our bond, while meeting other parents provided much-needed connection. The dedicated social time, where my son played while I chatted, turned dark, lonely days into something brighter.

This connection and support are central to every TinyTalk class. As teachers, we nurture relationships and create a safe, welcoming space for parents and children alike.



If you're a new parent—or even navigating toddler life—consider finding your tribe. Baby and toddler classes aren't just about entertaining your little one. They're about you, too: your mental health, friendships, and happiness.

Classes like TinyTalk offer a place to connect, learn, and grow—complete with tea, biscuits, and a community of parents ready to support you. Baby and toddler classes aren't just for babies—they're for you.





What does your baby want to tell you?



Mansfield, Ollerton & Southwell tinytalk.co.uk/kimcolville

Melton Mowbray & South East Notts tinytalk.co.uk/jesscripps

Nottingham Central tinytalk.co.uk/leannejames

Nottingham North inytalk.co.uk/kimberleygavuzz

Nottingham West tinytalk.co.uk/lauragr

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www.tinytalk.co.uk

Join the UK's
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Signing and
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classes and help
your child to
communicate
before they can



"Genuinely the best baby class I've been to!"

- TinyTalk class p



THE MUM CLUB

What's it all about? Join us for a couple of hours each month, and

hours each month, and meet local mums from Rushcliffe, South Nottinghamshire and the surrounding area. From Brunch Clubs to Walking Clubs, Supper Clubs and so much more. See the full list here:

See the full list here: themumclub.com/ events

Who is it for?

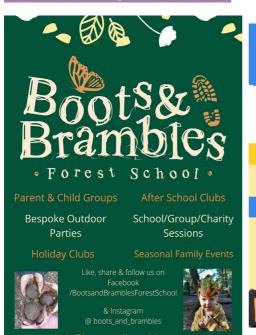
Come alone, pregnant, with baby or child. Whatever your circumstances, you are welcome at The Mum Club.



Join us for our next local event

Contact Aimee rushcliffe@themumclub.com @themumclubrushcliffe www.themumclub.com/events









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IN YOUR NURSERY OR SCHOOL

- Sessions delivered across the East Midlands.
- Covers the EYFS & KS1 PE/Maths Curriculum.





www.dancingdigits.co.uk

www.bootsandbrambles.com

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Baby and Child First Aid

Would you know what to do in an emergency?

Come and join us for a relaxed and informal session, to help you feel more confident about how to look after your little one.





www.minifirstaid.co.uk or scan the QR code



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How to Save a Life

Learning First Aid:
A New Years resolution worth keeping
in 2025



What is your New Years resolution for 2025? Perhaps you want to kick a bad habit, improve your lifestyle or learn a new skill? If you are looking for a new skill to learn in 2025 why not do something that could be literally life changing!

Did you know that 8 out of 10 parents would not know what to do to help their child in an emergency? Learning basic and life saving First Aid can give you the skills and confidence to help your child should the worst happen, and Mini First Aid are here to help. My name is Maria, and I am the owner of Mini First Aid Nottingham and Derby. We are an award winning First Aid training provider voted Family Support Service of the Year 2024 (Lots for Tots awards). We offer First Aid training for the whole family. We were recently awarded with Perhaps you are a parent or grandparent who is worried about choking and would like to know what to do? Or maybe you have children who would benefit from learning basic First Aid skills? Or maybe,

you require a workplace First Aid qualification?



OUR COURSES

Baby and Child First Aid

We offer 2 hour informal courses ideal for parents and caregivers in a relaxed setting. We teach you basic and life saving First Aid skills with the opportunity to practise on our CPR manikins including choking, CPR, burns, bleeds, seizures, sepsis and more. And the best bit? Your baby is absolutely welcome to attend with you – so no need for a babysitter!

Training for Children

Since 2020 Mini First Aid Nottingham and Derby have taught over 15,000 local children how to save a life. Your child could be next. We teach children from the age of 3 years old with developmentally appropriate and engaging classes designed by educational specialists and we can offer these classes in schools, nurseries, or private family classes.

Workplace Training

We deliver the full suite of adult and paediatric first aid for the workplace. We host regular public courses at our venue in Long Eaton, or, we can train groups at your setting / location.



Whatever your training needs are, we would love to help you learn how to save a life in 2025. You can view our courses over at https://nottingham.minifirstaid.co.uk or reach out to us at maria@minifirstaid.co.uk to discuss your needs.



Most classes are Term-Time only

🖈 Arnold

Tots & Toast Parent and Toddler Group Mondays 9.00am-11.00am Emmanuel Church, Church View Close, NG5 90P

BABES Breastfeeding Support Tuesdays 1.30pm-3.00pm

Killisick Road, NG5 8BY

Rattle Rhyme and Roll Tuesdays & Thursdays

10.30am-11.00am Arnold Library, 161 Front Street, NG5 7EE

TinyTalk Nottingham Central Baby Signing

Wednesdays 11.30am-12.30pm Summers in Time Dance Studio, 382 Gedling Road, NG5 6PD

Refresh Community Cafe Wednesdays 10.00am-11.30am St Mark's Church, De Vere Gardens,

Woodthorpe, NG5 4PH Fledglings Baby & Toddler Group Wednesdays 10.00am-11.15am

Eagle's Nest Community Centre, Gedling Road, NG5 6NY

Jelly Beans Carer & Toddler Group

Fridays 9.15am-11.00am The Salvation Army, 99 High Street,

Little Creatives for 2-5 years Second Saturday of every month 10.00am & 11.15am (Booking essential) Arnold Library, 161 Front Street, NG5 7EE

Aspley

Cook & Play Mondays 11.30am-1.00pm (Booking essential) Aspley Communnity & Training Centre, Minver Crescent, NG8 5PN

Messy Play Saturdays (Monthly - contact for upcoming dates, booking essential) Aspley Community & Training Centre, Minver Crescent, NG8 5PN

🛊 Basford Making Moves

Makaton Sign for Families Mondays 9.30am-10.30am New Generation Community Hub, David Lane, NG6 OJU

Mondays 10.30am-11.00am Basford Library, Vernon Road, NG6 OAB Sensory Toddler & Baby Club Fridays 10.00am-12.00pm

New Generation Community Hub. David Lane, Basford, NG6 OJU

Beeston

Under 5s @ Beeston Free Church Mondays 9.45am-11.45am Beeston Free Church, Salthouse Lane, NG9 2FY

Little Acorns Toddler Group Mondays & Tuesdays 9.30am-11.15am Beeston Methodist Church, Chilwell Road, NG9 1EH

TinyTalk Nottingham West Toddler Talking Tuesdays 9.40am-10.40am Baby Signing Tuesdays 11.00am-12.00pm (Booking essential)

Beeston Youth and Community Centre, West End, NG9 1GL

Early Years Music Group Tuesdays & Fridays 9.30am-11.15am Pearson Centre, 2 Nuart Road, NG9 2NH

Little Creatives for 2-5 years Second Tuesday of every month 10.00am & 11.15am (Booking essential) Beeston Library, Foster Avenue, NG9 IAE

Speech, Sign & Song Wednesday mornings (Applications essential) Pearson Centre, 2 Nuart Road, NG9 2NH

TinuTalk Nottingham West

Baby Signing Tuesdays 12.30pm-1.30pm (Booking essential) eston Youth and Community Centre, West End, NG9 1GL

Rattle Rhyme and Roll Wednesdays & Fridays (Fridays under 1s) 11.00am-11.30am

Beeston Library, Foster Avenue, NG9 1AE

Play & Praise Carer and Toddler Group Fridays 1.30pm-3.00pm Toton Methodist Church, Stapleford Lane, NG9 6GA

Story Hullaballoo Saturday's (Monthly - contact library for upcoming dates) Beeston Library, Foster Avenue, NG9 1AE

Bingham

Self-Weigh Tuesdays - Fridays 9.30am-3.30pm Bingham Children's Centre, Eaton Place, NGI3 8BE

Rattle Rhyme and Roll Wednesdays & Fridays 10.00am-10.30am Bingham Library, Eaton Place, NGI3 8BE

Little Creatives for 2-5 years Second Thursday of every month 10.00am & 11.15am (Booking essential) Bingham Library, Eaton Place, NGI3 8BE **BABES Breastfeeding Support**

Thursdays (Fortnightly) 10.00am-11.30am Bingham Children's Centre, Eaton Place, NGI3 8BE

Bircotes

Rattle Rhyme and Roll Tuesdays 9.30am-10.00am Bircotes Library, Scrooby Road, DN11 8AD

BABES Breastfeeding Support Wednesdays 9.30am-11.00am

Harworth & Bircotes Children's Centre, Scrooby Road, DNII 8JP

Broxtowe

Midwife Clinic Mondays - Fridays 9.00am-5.00pm

(Booking essential) Broxtowe Family Hub, 18 Strelley Road, NG8 3AP

Story & Rhyme Time Tuesdays 10.00am-11.15am (Booking essential) Strelley Road Library, Strelley Road, NG8 3BJ

Baby Massage Wednesdays 1.15pm-2.45pm (Booking essential) Hope Centre Broxtowe, 137-139 Frinton Road, NG8 6GR

Financial Stability Drop in Thursdays 10.00am-12.00pm Broxtowe Family Hub, 18 Strelley Road, NG8 3AP

Milk to Meals Group Fridays (Monthly) 1.00pm-2.00pm (Booking essential) Broxtowe Family Hub, 18 Strelley Road, NG8 3AP

Bulwell

Story & Rhyme Time Mondays 10.00am-12.15pm (Booking essential) Room to Play, 17-19 Commercial Road, NG6 8HD

Mondays 10.30am-11.00am Bulwell Riverside, Main Street, NG6 8QJ

Baby & Toddler Group Tuesdays 9.00am-11.00am St Mark's Church, School Walk, Bestwood Village, NG6 8UU

Twigglets Tuesdays 1.00pm-3.00pm Bulwell Hall Park, NG6 8BE

Room to Play Tuesdays 1.00pm-4.00pm Wednesdays 10.00am-12.00pm Fridays 10.00am-12.00pm & 1.00pm-4.00pm Saturdays 10.00am-12.00pm Room to Play, 17-19 Commercial Road, NG6 8HD



Most classes are Term-Time only

Carlton

Rattle Rhyme and Roll Tuesdays 10.00am-10.30am

Carlton Library, Manor Road, NG4 3AY

Foxhill Toddler Group Tuesdays 9.30am - 11.30am

Foxhill Church, 30 Hillview Road, NG4 1LB

Little Treasures Toddler Group Tuesdays 9.00am - 11.00am

Renaissance Church, 30 Hillview Road, NG4 1LB

Cotgrave

Rattle Rhyme and Roll Tuesdays 2.30pm-3.00pm Cotgrave Library, The Cotgrave Hub, Rivermead, NG12 3UQ

Story Hullaballoo

Alternate Wednesdays 9.45am-10.15am (Contact Library for dates)

Cotgrave Library, The Cotgrave Hub, Rivermead, NG12 3UQ

Clifton

Notts Splash Tots

Mondays, Tuesdays & Wednesdays 9.30am Clifton Leisure Centre, Southchurch Drive,

Baby Sensory Nottingham South

<u>0-13 Months</u> Tuesdays 10.30am-11.30am

(Booking essential) Clifton Village Hall, Village Road, NG11 8NE

Tots Time

Tuesdays 10.00am-10.30am Clifton Library, Southchurch Drive, NG11 8AB

Lastwood

TinyTalk Nottingham North

Toddler Talking Tuesdays 10.15am - 11.15am (Booking essential)

St Andrew's Church Hall, 110 Station Road, Langley Mill, NG16 4BP

BABES Breastfeeding Support Tuesdays 10.00am-11.30am

Eastwood Children's Centre, Chewton Street, NG16 3HB

Rattle Rhyme and Roll Thursdays 10.00am-10.30am Eastwood Library, Wellington Place,

NG16 3GB

East Leake

Rattle Rhyme and Roll Mondays 2.30pm-3pm

East Leake Libraru, Gotham Rd. East Leake, LE12 6JG

Story Hullaballoo

Alternate Mondays 2.30pm-3.00pm (Contact library for dates)

East Leake Library, Gotham Rd, LE12 6JG

BABES Breastfeeding Support Fridays (Fortnightly) 10.00am-11.00am

East Leake Children's Centre The Health Centre, Gotham Road, LE12 6JG

Edwalton

TinuTalk South East Nottingham

Toddler Talking Tuesdays10.00am - 11.00am

Baby Signing Tuesdays 11.15am - 12.15pm (Booking essential)

Edwalton Golf Centre, Wellin Lane, NG12 4A9

Dancing Digits

Little Digits (1-3 years) Wednesdays 10.00am-10.40am Preschool (3-4 years)

Wednesdays 11.00am-11.40am (Booking essential)

Edwalton Village Hall, Vicarage Green, NG12 4AP

Edwinstowe

Baby Sparks Mansfield Baby Massage

Wednesdays 1.45pm - 2.50pm Outside the Cave, Ollerton Road, NG21 9QE

🗶 Gedling

Geldling Ballet School Wednesdays (pm) & Saturdays (am)

Ages 3 & 4 (Booking essential)
Gedling Memorial Hall, Main Road, NG4 3H9

Story Hullaballoo

Thursdays 2.30pm-3.30pm Lowdham Library, Main St, NG14 7BD

Calverton Baptist Church

Toddler Group Thursdays 9.30 am

Calverton Baptist Church, Main Street, Calverton, NG14 6FG

Gotham

Cherubs Play Cafe Fridays 9.30am-11.30am Leake Road, NG11 OHW

★ Hucknall

BABES Breastfeeding Support Mondays 1.00pm-2.30pm

Butler's & Broomhill Children's Centre. Broomhill Road, NG15 6AJ

Rattle Rhyme and Roll Mondays 10.00am -10.30am

Thursdays 11.00am -11.30am Hucknall Library, South Street, NG15 7BS

TinyTalk Nottingham North

Toddler Talking Wednesdays 10.15am - 11.15am (Booking essential)

Oceans of Fun, Wood Lane, NGI5 7BZ

Watnall Road Toddler Group Wednesdays & Thursdays 1.30pm-2.45pm Watnall Road Baptist Church, Watnall Road,

NG15 7LD

TinyTalk Nottingham North

Baby Signing Thursdays 10.35am -11.35am & 12.00pm - 1.00pm

(Booking essential)

Oceans of Fun, Wood Lane, NGI5 7BZ

Ripples Toddler Group Thursdays 1.00pm-2.30pm

West Hucknall Baptist Church, Ruffs Drive,

Church Mice Toddler Group

Thursdays 9.30am-11.15am

The Kings Family Church, 12 Derbyshire Lane,

Little Creatives for 2-5 years Second Friday of every month 10.00am & 11.15am (Booking essential) The John Godber Centre, Ogle Street, NG15 7FQ

Hyson Green

Story & Rhyme Time Mondays 10.00am-11.00am (Booking essential)

Hyson Green Library, The Mary Potter Centre, Gregory Boulevard, NG7 5AH

PEEP Watch me Grow

Tuesdays 10.00am-11.30am (Booking essential)

Hyson Green Family Hub, The Mary Potter Centre, Gregory Boulevard, NG7 5ÅH

PEEP Inbetweenies/Get Ready for

Tuesdays 1.00pm-2.30pm (Booking essential)

Hyson Green Family Hub, The Mary Potter Centre, Gregory Boulevard, NG7 5AH

Breastfeeding Support Group Wednesdays (Monthly) 9.00am-12.30pm (Booking essential)

Hyson Green Family Hub, The Mary Potter Centre, Gregory Boulevard, NG7 5AH

Child Health Clinic

Wednesdays & Thursdays 9.00am-4.00pm (Booking essential) Hyson Green Family Hub, The Mary Potter

Centre, Gregory Boulevard, NG7 5ÅH

Most classes are Term-Time only

🗶 Keyworth

Puddle Ducks Every day, Monday-Sunday (Booking essential)

The Key Health Club, Bunny Lane, NG12 5JU

Rattle Rhyme and Roll Tuesdays 11.00am-11.30am

Keyworth Library, Church Drive, NG12 5FF

Keyworth Wednesday Toddlers Wednesdays 10.00am-11.30am

Keyworth Methodist Church, Selby Lane, NGI2 5AH

Kimberley

Rattle Rhyme and Roll Mondays 10.00am-10.30am & 11.00am-11.30am

Kimberley Library, Main Street, NGI6 2LY

RumbleTums Tots

Tuesdays 1.00pm-3.00pm RumbleTums Cafe, 2A Victoria Street, NG16 2NH

Kirkby -in-Ashfield

Rattle Rhyme and Roll Mondays & Fridays 10.30am-11.00am Kirkbu-in-Asfield Library, 21 Ashfield Precinct, NG17 7BO

Under 1s

Tuesdays 9.30am-11.00am

Tin Hat Centre, Matthew Holland Complex, Chapel Rd, Selston, NGI6 6BW

SeeSaw Parent & Toddler Group Tuesdays & Fridays 9.30am-11.15am

Ashwood Church, The Ashworth Centre, Portland Street, NGI7 7AB

Hill Toddler Group

Wednesdays 10.00am-11.30am

The Hill Methodist Church, The Hill, NG17 8J9

Little Creatives for 2-5 years First Thursday of every month

10.00am & 11.15am (Booking essential) Kirkby-in-Asfield Library, 21 Ashfield Precinct, NG17 7BO

Kirkby Woodhouse Toddler Group Thursdays 9.00am-11.00am

Kirkby Woodhouse Primary School, Main Road, NG17 9EU

Stay & Play

Thursdays 9.30am-11.00am

Tin Hat Centre, Matthew Holland Complex, Chapel Rd, Selston, NGI6 6BW

Lenton

Tommy's Tots Playgroup Tuesdays 9.30am-11.30am

Thomas Helwys Baptist Church, Church Street,

Hullaballoo

Thursdays 10.00am-11.30am

Holy Trinity & The Priory, Lenton Church Street, NG7 2FF

Stay & Play

Thursdays 10.00am-11.30am

Grace Church Nottingham, The Ministry, 1 Castle Boulevard, NG7 1FT

Tots Time

Fridays 10.30am-11.00am

Radford-Lenton Library, Lenton Boulevard,

Mansfield

Toddler Sense

Mondays - Saturdays (Booking essential) The Wow Centre, Kirk and Avenue.

NG18 50P

Playmania Parent & Toddler Monday - Thursday

Unlimited playtime until 3pm Unit 1, 134 Chesterfield Road South, NG19 7AP

Rattle Rhyme and Roll Mondays (under 1s) & Fridays (under 5s) 10.00am-10.30am

Mansfield Woodhouse Library, 8 Church St, Mansfield Woodhouse, NG19 8AH

BABES Breastfeeding Support Mondays 1.00pm-2.00pm

Mansfield Woodhouse Children's Centre, Mansfield Woodhoiuse, NGI9 8BT

TinyTalk Mansfield, Ollerton & **Southwell**

Toddler Talking

Tuesdays 9.45am-10.45am

Baby Signin Tuesdays 11.00am-12.00pm

& 12.15pm - 1.30pm (Booking essential)

Big Barn Lane Methodist Church, Big Barn Lane, NG18 3LJ

Tumble Tots

Tuesdays (Booking essential)

Oak Tree Leisure Centre, Jubilee Way South,

Rattle Rhyme and Roll Tuesdays, Wednesdays & Thursdays 10.00am-10.30am (Wednesdays under 1s)

Mansfield Central Library, Four Seasons Centre, West Gate, NGIS INH

First Steps

Wednesdays 9.15am-10.45am

Mansfield Baptist Church Centre, Rosemary Street, NG19 6AB

Peafield Lane Toddler Group Thursdays 9.00am-11.00am

Peafield Lane Primary & Nursery School, Litton Road, Mansfield Woodhouse, NG19 9PB

★ Mansfield cont...

Tuneful Tots 12+ Months

Thursdays 9.45am-10.15am

Forest Town Library, Clipstone Road West, Forest Town, NG19 OAA

Rockers & Rollers

0-12 Months

Thursdays 10.45am-11.15am Forest Town Library, Clipstone Road West, Forest Town, NGIO OAA

Rattle Rhyme and Roll

Thursdays 10.00am-10.30am Ladybrook Library, Ladybrook Lane, NGIN 5JH

BABES Breastfeeding Support

Thursdays 10.00am-11.30am

Ladubrook Children's Centre 116 Somersall Street, NG19 6EW

Baby Sparks Mansfield Spark Movers

Fridays 10.00am - 11.00am Spark Shakers & Little Sparks

Fridays 11.15am-12.15pm St. Peter's Centre, Church Side, NG18 1AP

Little Creatives for 2-5 years First Friday of every month

10.00am & 11.15am (Booking essential) Mansfield Central Library, Four Seasons Centre, West Gate, NGI8 INH

Mapperley

TinyTalk Nottingham Central

Baby Signing Thursdays 9.30am-10.30am & 10.45am-11.45am (Booking essential) Brendon Lawrence Sports Centre, 35

Hungerhill Road, NG3 4NB

Storu Hullaballoo

Thursdays 10.00am-10.30am Mapperley Library, 454 Westdale Lane, NG3 6DG

Parent & Toddler Group Fridays 9.30am-11.30am

Haywood Road Community Centre, 46 Haywood Road, NG3 6AB

Meadows

Young Parents Connect Tuesdays 11.00am-12.30pm

Meadows Children's Centre, Kirkby Gardens, NG2 2HZ

Tots Time

Fridays 11.00am-11.30am

The Meadows Library, Wilford Grove, NG2 2DR



Most classes are Term-Time only

Newark

BABES Breastfeeding Support Mondays 10.00am-11.30am

Hawtonville Children's Centre. Bowbridge Road, NG24 4EG

Rattle Rhyme and Roll Mondays & Fridays 10.00am-10.30am Newark Library, Beaumond Gardens, Balderton Gate, NG24 1UW

Calm Mama

Pregnancy & Postnatal Complementary Services

Tuesdays, Thursdays & Fridays (Booking essential)

vark Beacon, Cafferata Wau, NG24 2TN

Rattle Rhyme and Roll Wednesdays 11.00am-11.30am

(followed by Stay & Play) Bilsthorpe Library, 1 The Crescent, Bilsthorpe, NG22 8QX

Pelham Street Toddlers Wednesdays 9.30am-11.30am

Newark Evangelical Church, Pelham Street,

Tumble Tots

Wednesdays (Booking essential) Newark Sports & Fitness Centre,

Lord Hawke Way, NG24 4FH

Rattle Rhyme and Roll Thursdays 2.30pm-3.00pm Balderton Library, 80 Main Street,

Balderton, NG24 3NP

Story Hullaballoo

Fridays 4.00pm (followed by a Craft Activity) Bilsthorpe Library, 1 The Crescent, Bilsthorpe,

🛊 Nottingham City

Puddle Ducks

NG22 80X

Mondays & Fridays am (Booking essential) Nottingham Hilton Hotel, Milton Street, NG1 3PZ

Puddle Ducks

Sundays am (Booking essential) Nottingham Portland Centre, Muskham Street, NG2 2HE

Tots Time

Mondays 10.30am-11.00am

Nottingham Central Library, Carrington Street, NG1 7FH

Stay & Play Tuesdays 10.00am-11.30am

Grace Chruch Nottingham The Ministry, 1 Castle Boulevard, NG7 1FT

Collerton

TinyTalk Mansfield, Ollerton & Southwell

Toddler Talking Mondays 10.00am - 11.00am

Baby Signing Mondays 11.30am - 12.30pm (Booking essential)

Ollerton & Boughton Scout & Guide Activity Centre, Back Lane, NG22 9AQ

Lego Construction Club

Mondays 4.00pm-5.00pm & Saturdays 10.00am-12.00pm Ollerton Library, Forest Rd, NG22 9PL

Baby Sparks Mansfield

Spark Movers Wednesdays 10.00am - 11.00am Spark Shakers & Little Sparks Wednesdays 11.15am - 12.15pm ee Hall Wellow Road. Ollerton Jub **NG22 9AP**

BABES Breastfeeding Support

Thursdays 2.30pm-3.30pm Ollerton & Broughton Children's Centre, Dukeries Academy, Whinney Lane, NG22 9TH

Rattle Rhume and Roll Fridays 2.00pm-2.30pm

Ollerton Library, Forest Rd, NG22 9PL

Radcliffe -on-Trent

Rattle Rhyme and Roll Second and fourth Mondays of the month 10.30am (Booking essential) Radcliffe-on-Trent Libraru, New Road, NG12 2AJ

Ravenshead

BABES Breastfeeding Support Mondays 1.30pm-2.30pm

Ravensdale Children's Centre, Sanders Avenue,

Rattle Rhyme and Roll Second and fourth Tuesdays of the month 10.30am-11.00am

Ravenshead Library, 12, Milton Court, **NG15 9BD**

Baby Sparks Mansfield

Spark Movers

Thursdays 10.00am - 11.00am Spark Shakers & Little Sparks Thursdays 11.15am - 12.15pm

Ravenshead Leisure Centre, Longdale Lane, NG15 9AG

TinyTalk Nottingham North

Toddler Talking Fridays 9.30am - 10.30am Baby Signing Fridays 10.45am - 11.45am

(Booking essential)

Ravenshead Leisure Centre, Longdale Lane, NG15 9AG

Retford

Rattle Rhyme and Roll Tuesdays 9.30am-10.00am Retford Library, 17 Churchgate, DN22 6PE

Little Creatives for 2-5 years

First Tuesday of every month 10.00am & 11.15am (Booking essential) Retford Library, 17 Churchgate, DN22 GPE **BABES Breastfeeding Support**

Tuesdays 1.00pm-2.30pm Hallcroff Children's Centre, Whitaker Close, DN22 70H

Tiny Toes Ballet

Talent Toes - 2.5-4 Years Wednesdays 4.10pm-4.50pm Twirlers & Spinners - 4-7 Years Wednesdays 5.00pm-5.40pm

(Booking essential) St Saviour's Church, Welham Road, **DN22 6TN**

Ranby Stay & Play Thursdays 8.45am-10.45am

Ranby C of E Primary School, Old Blyth Road, Ranby, DN22 8HZ

Rampton Nestlings Messy Play

Fridays 9.30am-11.00am Rampton Primary School, Retford Road, Rampton, DN22 OJB

Tiny Toes Ballet

Twirlers & Spinners - 4-7 Years Saturdays 9.00am-9.40am Talent Toes - 2.5-4 Years Saturdays 9.50am-10.30am Twinkle Toes - 18m-2.5 Years Saturdays 10.40am-11.20am (Booking essential)
Westhill Community Centre, Cheyne Walk, DN22 7GA



Most classes are Term-Time only

Ruddington

Little P's Parent & Toddler Group Mondays 9.00am-10.45am

St Peter's Church, Church St, NG11 6HA

Nappuchinos

Mondays 10.00am-11.45am (Under Is) Ruddington Baptist Church, 62 Musters Rd, NGII 6HW

The Emma Cain School of Dance Wednesdays 4.15pm-5.30pm (4+)

(Booking essential) St. Peters Rooms, Church Street, NG11 6HA

Baby Sensory Nottingham South 0-13 Months Thursdays 10.30am-11.30am

0-9 Months Thursdays 12.00pm-1.00pm O-13 Months Thursdays 1.30pm-2.30pm

(Booking essential) Rushcliffe Country Park, Mere Way,

NG11 6J9

First Steps

Thursdays 9.30am-11.30am

Ruddington Methodist Church, Charles Street,

Sherwood

TinyTalk Nottingham Central

Baby Signing Tuesdays 10.15m-11.15am & 11.30am-12.30pm

(Booking essential) Pirates Play, 41 Rowley Drive, NG5 IGD

Puddle Ducks Wednesdays & Thursdays (am) (Booking essential)

Mercure Nottingham Sherwood Hotel, 296 Mansfield Road, NG5 2BT

The Emma Cain School of Dance Saturdays 10.45am-11.30am (ages 2-4) (Booking essential)

St. John's Church, Mansfield Road, Carrington, NG5 2DP

Sneinton

Happy Mondays Playgroup Mondays 9.30am-II.30am

St Christopher's Church Hall, Trent Lane,

Mini Movers - Outdoor Play Wednesdays 9.30am-11.00am

Cherry Lodge, King Edward Park, Carlton Road, NG3 2A9

Tots Time Wednesdays 10.30am-11.00am

The Dales Čentre, 206 Sneinton Dale, NG2 4HJ

Southwell

Rattle Rhyme and Roll Mondays 9.30am-10.00am

Southwell Library, The Bramley Centre, King Street, NG25 OEH

Story Hullaballoo

Tuesdays 4.00pm-4.30pm Southwell Library, The Bramley Centre, King Street, NG25 OEH

Little Creatives for 2-5years Second Thursday of every month 10.00am & 11.15am (Booking essential)

Southwell Library, The Bramley Centre, King Street, NG25 OEH

TinyTalk Mansfield, Ollerton & **Southwell**

Baby Signing Fridays 11.15am-2.15pm (Booking essential) Our Ladu of Victories Roman Catholic Church. NG25 OĂD

Tumble Tots

Fridays (Booking essential)

Southwell Leisure Centre, Nottingham Road, NG25 OLG

🙀 Stapleford

Refresh Cafe

Mondays 10.30am-12.15pm Stapleford Baptist Church, Albert Street, NG9 8DB

TinyTalk Nottingham West

Fridays 10.00am-11.00am (Booking essential) Stapleford Community Centre, Cliffe Hill Avenue, NG9 7HD

Music Box

Tuesdays 9.30am-11.30am

The Salvation Army, Albert Avenue, NG9 8ET

St Helen's Church Toddler Group Tuesdays 9.30am-11.00am

St. Helens Church Hall, Frederick Road,

Paintbox Toddler Group Wednesdays 9.30am-11.30am

The Salvation Army, Albert Avenue, NG9 8ET

Super Tots Toddler Group Tuesdays & Thursdays 1.00pm-2.30pm Fridays 9.30am-11.30am

Haven Centre, Wadsworth Road, NG9 8BD

Rattle Rhyme and Roll Thursdaus 11.15am-11.45am

Stapleford Library, 25 Church Street, NG9 8GA

TinuTalk Nottingham West Toddler Talking

Fridays 10.00am-11.00am

<u>Baby Signing</u> Fridays 11.30am-12.30pm (Booking essential) Stapleford Community Centre, Cliffe Hill Avenue, NG9 7HD

Illuminate - Childrens & Youth group

Fridays 6.00pm-7.30pm Stapleford Baptist Church, Albert Street, NG9 8DB

Y St Ann's

Mini Movers - Soft Play Mondays 9.30am-11.00am

Brendon Lawrence Sports Centre. 35 Hungerhill Road, NG3 4NB

Tots Time

Mondays 11.00am-12.30pm

St Ann's Valley Centre, 2 Livingstone Road,

Cook & Play Tuesdays 10.30am-11.00am

Blue Bell Community Centre, Dennett Close,

New Shoots

Tuesdays & Thursdays 9.30am-11.00am

St Anns Community Orchard, St Anns Alllotments, Ransom Road

Story & Rhyme Time Fridays 10.00am-11.00am

St Anns Library, 2 Livingstone Road, NG3 3GG

Sutton -in-Ashfield

Rattle Rhyme and Roll <u>Under 1s</u>

Mondays 10.15am-10.45am Under 5s

Tuesday & Wednesday 10.00am-10.30am Sutton-in-Asfield Library, Idlewells Shopping

Centre, Forest Street, NG17 IBP

New Cross Parent & Toddler Group Mondays 9.30am-11.00am

New Cross Community Church, Downing Street, NG17 4EF

Under 1s

Mondays 1.15pm-2.45pm

Summer House Children's Centre, Clare Road,

Stay & Play

Tuesdays 1.15pm-2.45pm

New Woods Children's Centre, Barker Avenue, Skegby, NG17 3FQ

Under 1s

Wednesday 1.15pm-2.45pm New Woods Children's Centre, Barker Avenue, Skegby, NG17 3FQ

Stay & Play

Fridays 1.15pm-2.45pm

Summer House Children's Centre, Clare Road, NG17 5BB

Little Creatives for 2-5 years Second Friday of every month

10.00am & 11.15am (Booking essential) Sutton-in-Asfield Library, Idlewells Shopping Centre, Forest Street, NG17 IBP



Most classes are Term-Time only

Toton

Rattle Rhyme and Roll

Wednesdays 10.30am-11.00am Toton Library, Stapleford Lane, NG9 6GA

TinyTalk Nottingham West

Toddler Talking Thursdays 9.40am - 10.40am

Baby Signing Thursdays 11.00am - 12.00pm

(Booking essential) Tesco Community Centre, Swiney Way, NG9 6QX

Play & Praise Toddler Group Fridays 1.30pm-3.30pm

Toton Methodist Church, Stapleford Lane, NG9 6GA

Speech, Sign & Song Saturday Mornings (Monthly) (Applications essential)

Toton Methodist Church, Stapleford Lane, NG9 6GA

Tollerton

Boots & Brambles Parent & Child **Forest School Group**

Mondays & Fridays 10.30am-12.00pm St Peter's Church Centre, Tollerton Lane, NG12 4FT

West Bridgford

Dancing Digits
Preschool (3-4 years) Mondays 9.45am - 10.25am Little Digits (1-3 years) Mondays 10.30am - 11.10am (Booking essential) Lady Bay Scout Hut, 53 Mona Road, NGŽ 5BŬ

Baby Sensory Nottingham South 0-13 Months

Mondays 10.30am-11.30am 0-9 Months Mondays 12.00pm-1.00pm (Booking essential)

St Luke's Church, Leahurst Road, NG2 6GL

Lady Bay Parent & Toddler Group Mondays & Fridays 10.00am-11.30am

All Hallow's Church Hall, Pierrepont Road, NG2 5BP

Dancing Digits
Preschool (3-4 years) Tuesdays 2.00pm-2.40pm (Booking essential) Room 5, Musters Road Methodist Church, Musters Road, NG2 7PQ

Rattle Rhyme and Roll Tuesdays 10.00am-10.30am Fridays 10.00am-10.30am & 11.00am-11.30am

West Bridgford Library, Bridgford Road, NG2 6AT

West Bridg Cont...

Baby Sensory Nottingham South 0-13 Months Wednesdays 12.15pm-1.15pm

0-7 Months Wednesdays 1.45pm-2.45pm 0-13 Months

Wednesdays 3.00pm-4.00pm (Booking essential)

Poppy and Pint, Pierrepont Rd, NG2 5DX West Bridgeford Baptist Church **Toddlers**

Wednesdays 10.00am-11.30am West Bridg ord Baptist Church, Melton Road, NG2 7NF

Self-Weigh

Wednesdays 1.00pm-3.00pm West Brid e's Centre.

Bridgford Road, NG2 6AT

BABES Breastfeeding Support

Wednesdays 1.30pm-2.30pm West Bridgford Young People's Centre, Bridgford Road, NG2 6AT

St Paul's Toddlers Wednesdays 10.15am-11.30am

St Paul's Church, Boundary Road, Little Creatives for 2-5years

Third Thursday of every month 10.00am & 11.15am (Booking essential) West Bridgford Library, Bridgford Road NG2 6AT

St Giles' Tiddlers Thursdays 10.00am-11.30am St Giles Church Hall, Stratford Road, NG2 6AZ

Tinies & Toddlers Thursdays 10.00am-11.30am St Luke's Church, Leahurst Road, NG2 6GL

\star Worksop Rattle Rhyme and Roll

Mondays 10.00am-10.30am Fridays 2.00pm-2.30pm Worksop Library, Memorial Avenue, 980 2BP

Tiny Toes Ballet Tip Toes - 6m-18m Tuesdays 9.30am-10.10am Twinkle Toes - 18m-2.5 Years Tuesdays 10.20am-11.00am Talent Toes - 2.5-4 Years Tuesdays 11.10am-11.50am Talent Toes - 2.5-4 Years Tuesdays 4.10pm-4.50pm Twirlers & Spinners - 4-7 Years Tuesdays 5.00pm-5.40pm (Booking essential) Christ Church, Thievesdale Close, 981 0X9

Babies & Toddlers Group Wednesdays 9.30am-11.00am

The Crossing Church & Centre, Newcastle Street, 980 2AT

BABES Breastfeeding Support Thursdays 9.30am-11.00am Manton Children's Centre, Community Way (Off Shrewsbury Road), 980 2TU

Little Creatives for 2-5 years First Saturday of every month 10.00am & 11.15am (Booking essential) Worksop Library, Memorial Avenue, 980 2BP

Wollaton

Tots Time

Mondays 2.00pm-2.30pm Bilborough Library, Bracebridge Drive, NG8 4PN

Tots Time

Tuesdays 10.30am-11.00am Wollaton Library, Bramcote Lane, NG8 2NA

TinuTalk Nottingham West Toddler Talking

Wednesdays 9.40am - 10.40am Baby Signing Wednesdays 11.00am - 12.00pm & 12.30pm - 1.30pm

(Booking essential) St Leonard's Community Centre, 4 Bramcote Lane, NG8 2ND

The Emma Cain School of Dance Thursdays 4.00pm-4.45pm (Ages 2-4) (Booking essential)

St Leonard's Community Centre, Bramcote Lane, NG8 2ND



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"GB only, 18+, Enrolment opens 09:00 01/01/2025, closes 23:59 31/03/2025. Entry period 09:00 01/01/2025, closes 23:59 14/04/2025. Entry to prize draw via link emailed to all Everyone Active cardholders joining swimming lessons or a sports course on Direct Pebit, continuing their. Direct Pebit for either of these activities as of 09:00 01/01/2025 on 00 01/01/2025 on paying in full in advance for these activities during the enrolment period at participating centres. Everyone Active card required to join swimming lessons or sports courses. In addition, an entry link will be sent to any person booking and paying for a children's party at participating centres during the enrolment period, Everyone Active card not required. Submit form by 23:59 14/04/2025. Direct Period 19:00 14/04/2025. Direc